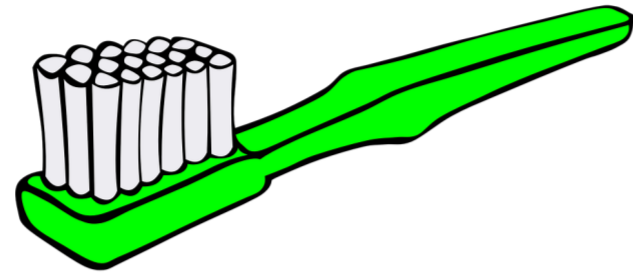


Fluoride Varnish

The Facts



What Do I Need to Know?

From the age of three, children should be offered fluoride varnish treatment at least twice a year. It's free and available to all children

What Happens?

The process involves painting a varnish containing high levels of fluoride onto the surface of the tooth at least every six months to prevent decay.

How Does It Work?

It works by strengthening the tooth enamel, which makes it more resistant to decay.

Is It Important?

Yes, tooth decay is a major health concern, especially in Doncaster. It's one of the most common reasons for hospital admission in children.

How Do I Get It?

Ask your dentist about fluoride varnish for your children. If you don't have a dentist, you can find a dentist on the NHS website Find Dentist services.

<https://www.nhs.uk/ServiceSearch/Dentists/LocationSearch/3>



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